

NAME: _____

DATE: _____

Test-Taking Skills Booster**Unit 10****READING COMPLETION**

Read the selection. Choose the word or phrase that best completes each statement.

When You Never Switch Off

In the next few days, (1) you find yourself in a public place, look around. Odds are you'll see a large percentage of people on their phones or tablets texting, chatting, checking messages, or surfing the net. We're more connected to our mobile devices (2) we have ever been before.

Our devices even follow us into our bedrooms, (3) we use all this technology as a means to unwind at the end of a long day. According to a recent poll, a majority of respondents said they use their devices right before going to sleep. Most also reported that using their devices (4) keeps them up at night but prevents them from getting enough sleep. Zack Panatera, a student at Stanford University, complained, "I'll take a quick look at something interesting and, the next thing I know, I've spent a few hours online." (5) some experts, the light from an electronic device can throw off our normal sleep cycle. Therefore, they (6) people to switch off any kind of technology at least an hour before going to bed.

While lack of sleep may not seem so important, the (7) can be huge: one's performance the next day may be affected and it may be harder to pay attention or remember things. (8) , technology is a contributing factor in a growing trend toward longer hours at work and less time off. Even though we have left the office, we continue to stay connected. We are (9) our work world to enter our private lives in ways that never would have been imaginable in the past.

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|------------------------|----------------------|------------------------|-----------------------|
| 1. A whereas | B if | C even if | D if only |
| 2. A where | B and | C than | D since |
| 3. A where | B which | C that | D even if |
| 4. A not only | B neither | C either | D but |
| 5. A Due to | B Accordingly | C To illustrate | D According to |
| 6. A advise | B suggest | C recommend | D report |
| 7. A technology | B concern | C consequences | D symptoms |

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8. **A** Moreover **B** Still **C** Otherwise **D** In contrast9. **A** stopping **B** allowing **C** telling **D** preventing**LISTENING COMPLETION**

You will hear a speaker. Read the paragraph below. Then listen and complete each statement with the word or short phrase you hear. Listen a second time to check your work.

The speaker points out a (1) toward longer hours at work and less time off. People seem to be (2) their work world into their (3) in ways that weren't (4) in the past. Even in people's (5) time, technology has reduced face-to-face human (6) Instead of going out with others, people are (7) at home and (8) online. And communication with family, friends, and colleagues—now mainly online—is shorter and more (9) than it was in the past. At the end, the lecturer also claims that face-to-face family time is (10)